

## Lulworth Castle 10K 2019 - Team Results

### Team Results Based on Runners' Positions.

These are the scores that determine the results of the team competitions.

	Male (Open)	Female (Open)	Combined (Open)	Male (Veterans)	Female (Veterans)	Combined (Veterans)
1	Littledown Harriers (12)	Littledown Harriers (26)	Littledown Harriers (38)	Poole Runners (9)	Littledown Harriers (22)	Littledown Harriers (42)
2	Poole Runners (17)	Poole Runners (28)	Poole Runners (45)	Littledown Harriers (20)	Lytchett Manor Striders (30)	Poole AC (88)
3	Westbourne RC (30)	Poole AC (55)	Poole AC (91)	Poole AC (58)	Lytchett Manor Striders (30)	Lytchett Manor Striders (128)
4	Poole AC (36)	Lytchett Manor Striders (57)	Lytchett Manor Striders (215)	Poole AC (58)	Purbeck Runners (90)	Poole Runners (164)
5	Square and Compass Trail Runners (152)	Dorchester RIOT (131)	Square and Compass Trail Runners (310)	Square and Compass Trail Runners (93)	Dorchester RIOT (92)	Square and Compass Trail Runners (189)
6	Lytchett Manor Striders (158)	Purbeck Runners (144)	Purbeck Runners (414)	Lytchett Manor Striders (98)	Square and Compass Trail Runners (96)	
7	Purbeck Runners (270)	Square and Compass Trail Runners (158)			Wimbledon Windmilers (105)	
8		Egdon Heath Harriers (159)			Poole Runners (155)	
9		Wimbledon Windmilers (188)			Bournemouth Joggers (197)	
10		Bournemouth Joggers (263)			Run Blandford (238)	
11		Run Blandford (400)			Egdon Heath Harriers (278)	
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13						
14						
15						

Outright Winner

Outright Winner

Outright Winner

Outright Winner

Outright Winner

Outright Winner

### Team Results Based on Runners' Times.

These are for information only and aren't part of the team competitions.

	Male (Open)	Female (Open)	Combined (Open)	Male (Veterans)	Female (Veterans)	Combined (Veterans)
1	Littledown Harriers (02:00:58)	Poole Runners (02:25:32)	Poole Runners (04:28:26)	Poole Runners (02:04:55)	Littledown Harriers (02:33:33)	Littledown Harriers (04:43:25)
2	Poole Runners (02:02:54)	Littledown Harriers (02:29:32)	Littledown Harriers (04:30:30)	Littledown Harriers (02:09:52)	Lytchett Manor Striders (02:36:26)	Poole AC (04:58:42)
3	Westbourne RC (02:07:15)	Lytchett Manor Striders (02:36:26)	Poole AC (04:48:17)	Poole AC (02:19:40)	Poole AC (02:39:02)	Lytchett Manor Striders (05:08:41)
4	Poole AC (02:09:15)	Poole AC (02:39:02)	Lytchett Manor Striders (05:08:41)	Westbourne RC (02:20:35)	Purbeck Runners (02:52:41)	Poole Runners (05:13:03)
5	Square and Compass Trail Runners (02:31:33)	Dorchester RIOT (02:51:00)	Square and Compass Trail Runners (05:26:31)	Square and Compass Trail Runners (02:31:33)	Dorchester RIOT (02:53:42)	Square and Compass Trail Runners (05:26:31)
6	Lytchett Manor Striders (02:32:15)	Purbeck Runners (02:52:41)	Purbeck Runners (05:48:06)	Lytchett Manor Striders (02:32:15)	Square and Compass Trail Runners (02:54:58)	
7	Purbeck Runners (02:55:25)	Egdon Heath Harriers (02:53:34)			Wimbledon Windmilers (02:58:00)	
8		Square and Compass Trail Runners (02:54:58)			Poole Runners (03:08:08)	
9		Wimbledon Windmilers (02:58:00)			Bournemouth Joggers (03:17:31)	
10		Bournemouth Joggers (03:08:49)			Run Blandford (03:28:46)	
11		Run Blandford (03:28:46)			Egdon Heath Harriers (03:43:42)	
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