

## Lulworth Castle 10K 2019 - Full Results

Overall Position	Bib Number	Time (mm:ss)	Forename	Surname	Club	M/F	Base Category	Trophy Category	M/F Position	Cat. Position	MV/FV Position	M/F Pos. by Club	Cat. Pos. by Club	MV/FV Pos. by Club
1	326	38:44	Joseph	Sherwood	Littledown Harriers	M	MJ	M	1			1		
2	120	40:12	Luke	Dowsett	Littledown Harriers	M	M	M	2			2		
3	121	40:15	Kevin	Drayson	Westbourne RC	M	M	M	3			1		
4	145	40:20	Joe	Godden	Poole Runners	M	M	M	4			1		
5	223	41:04	Ian	Luke	Poole Runners	M	M40	M40	5	1	1	2	1	1
6	117	41:10	Peter	Doughty	Westbourne RC	M	M40	M40	6	2	2	2	1	1
7	373	41:41	Gary	Tissington	Poole AC	M	M	M	7			1		
8	375	41:48	Rupert Henry	Tory	Poole Runners	M	M40	M40	8	3	3	3	2	2
9	265	42:02	Mark	Packer	Littledown Harriers	M	M40	M40	9	4	4	3	1	1
10	303	42:03	Matt	Robbins	Poole Runners	M	M40	M40	10	5	5	4	3	3
11	352	42:47	Caroline	Stanzel	Poole Runners	F	F	F	1			1		
12	269	42:56	David	Parker	Littledown Harriers	M	M50	M50	11	1	6	4	1	2
13	404	43:07	Stephen	Williams	Littledown Harriers	M	M	M	12			5		
14	19	43:29	Kevin	Barlow	Poole AC	M	M50	M50	13	2	7	2	1	1
15	153	44:11	Darren	Gregory		M	M	M	14					
16	196	44:27	Tim	Jones	Poole Runners	M	M40	M40	15	6	8	5	4	4
17	212	44:50	Paul	Lane	Poole AC	M	M50	M50	16	3	9	3	2	2
18	177	44:54	Darren	Holmes	Littledown Harriers	M	M40	M40	17	7	10	6	2	3
19	341	45:05	Philip	Snarey		M	M	M	18					
20	377	45:24	Sarah	Trim	Running For Time	F	F	F	2			1		
21	365	45:43	Thomas	Tedds		M	M	M	19					
22	329	45:52	Jed	Skilton	Poole AC	M	MJ	MJ	20	1		4	1	
23	87	45:59	Daryll	Corbin-Jones	Westbourne RC	M	M	M	21			3		
24	27	46:16	Anne-Marie	Bayliss		F	F40	F	3					
25	190	46:21	Andrew	Isaac	Littledown Harriers	M	M	M	22			7		
26	77	46:27	Matthew	Coggins	Purbeck Runners	M	M	M	23			1		
27	56	46:32	Anton	Burns	Square and Compass Trail Runners	M	M50	M50	24	4	11	1	1	1
28	176	46:46	Dale	Holland	Poole Runners	M	M40	M40	25	8	12	6	5	5
29	400	46:48	Paul	Wilding	Lytchett Manor Striders	M	M50	M50	26	5	13	1	1	1
30	255	47:01	Stewart	Murray		M	M	M	27					
31	384	47:06	Judith	Vlaarkamp	Lytchett Manor Striders	F	F40	F40	4	1	1	1	1	1
32	46	47:17	Jon	Brittain		M	M	M	28					
33	16	47:18	Patrick	Bailey	Littledown Harriers	M	M	M	29			8		
34	140	47:30	David	George	Westbury Harriers	M	M60	M60	30	1	14	1	1	1
35	361	47:55	James	Taylor		M	M40	M40	31	9	15			
36	294	47:56	Peter	Rejchrt	Westbourne RC	M	M50	M50	32	6	16	4	1	2

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37	200	48:01	Steven	Kelly	Poole AC	M	M	M	33			5		
38	29	48:14	Graeme	Beckett	Poole Runners	M	M40	M40	34	10	17	7	6	6
39	156	48:22	Chris	Guerrier	Poole Runners	M	M60	M60	35	2	18	8	1	7
40	10	48:25	Louise	Austin	Littledown Harriers	F	F40	F40	5	2	2	1	1	1
41	102	48:27	Gideon	Daly	Human Energy Wool	M	M40	M40	36	11	19	1	1	1
42	236	48:36	Dylan	McHugh		M	M	M	37					
43	374	48:37	Benjamin	Tomlin		M	M40	M40	38	12	20			
44	186	48:45	Simon	Hunt	Bournemouth AC	M	M60	M60	39	3	21	1	1	1
45	33	49:02	Greg	Bemment	Littledown Harriers	M	M60	M60	40	4	22	9	1	4
46	25	49:09	Lucy	Bartlett	Fareham Crusaders	F	F40	F40	6	3	3	1	1	1
47	380	49:22	Paul	Turle	Littledown Harriers	M	M60	M60	41	5	23	10	2	5
48	122	49:26	Adam	Drewitt		M	M	M	42					
49	98	49:30	Darren	Cronk		M	M40	M40	43	13	24			
50	62	49:41	Alan	Buxton	Combe Grove Runners	M	M50	M50	44	7	25	1	1	1
51	88	49:43	Alan	Cosh	Square and Compass Trail Runners	M	M50	M50	45	8	26	2	2	2
52	398	49:56	Colin	White		M	M50	M50	46	9	27			
53	281	49:57	Trevor	Purser		M	M40	M40	47	14	28			
54	246	50:04	Rob	Mills	Poole Runners	M	M50	M50	48	10	29	9	1	8
55	188	50:09	Lynn	Hutchings	Dorset Doddlers	F	F50	F50	7	1	4	1	1	1
56	37	50:12	Howard	Bidmead	Honiton Running Club	M	M60	M60	49	6	30	1	1	1
57	116	50:13	Paul	Dewey	Bustinskin Triathlon Club	M	M	M	50			1		
58	58	50:18	Robert	Burns	Lytchett Manor Striders	M	M70	M70	51	1	31	2	1	2
59	306	50:23	Kathryn	Robson	Poole AC	F	F50	F50	8	2	5	1	1	1
60	231	50:26	Philippa	May	Littledown Harriers	F	F40	F40	9	4	6	2	2	2
61	110	50:26	Paolo	De Luca	Littledown Harriers	M	M40	M40	52	15	32	11	3	6
62	194	50:28	Amanda	Jefferies		F	F40	F40	10	5	7			
63	327	50:34	Izabela	Shylock	Poole Runners	F	F	F	11			2		
64	159	50:41	Samantha	Halstead	Littledown Harriers	F	F	F	12			3		
65	133	50:50	Jonathan	Foot		M	M60	M60	53	7	33			
66	218	50:53	Paul	Lock	Littledown Harriers	M	M40	M40	54	16	34	12	4	7
67	165	50:54	Mike	Haskell		M	M	M	55					
68	175	50:57	Dean	Hindle		M	M40	M40	56	17	35			
69	238	51:02	Davina	McLelland		F	F40	F40	13	6	8			
70	347	51:09	Philip	Sparkes	Littledown Harriers	M	M50	M50	57	11	36	13	2	8
71	182	51:19	Martin	Hudson	Littledown Harriers	M	M60	M60	58	8	37	14	3	9
72	395	51:22	Graham	Whiffen	Wimborne AC	M	M40	M40	59	18	38	1	1	1
73	313	51:24	Jason	Rumens		M	M40	M40	60	19	39			

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74	272	51:30	Claudia	Patterson		F	F	F	14					
75	72	51:38	David	Child	Westbourne RC	M	M60	M60	61	9	40	5	1	3
76	219	51:40	Brian	Long		M	M70	M70	62	2	41			
77	119	51:41	Lucinda	Dovey		F	F	F	15					
78	118	51:42	James	Dovey		M	M	M	63					
79	418	51:49	Jason	Bushnell	Human Energy Wool	M	M	M	64			2		
80	330	52:06	John	Skilton	Poole AC	M	M50	M50	65	12	42	6	3	3
81	167	52:10	Mervyn	Haumann		M	M40	M40	66	20	43			
82	157	52:11	Alison	Gunn	Poole Runners	F	F	F	16			3		
83	38	52:27	Simon	Blundell	Littledown Harriers	M	M40	M40	67	21	44	15	5	10
84	310	52:29	Stuart	Ruffell		M	M40	M40	68	22	45			
85	68	52:31	Jim	Cartwright	Poole Runners	M	M	M	69			10		
86	79	52:44	Katie	Collingwood	Littledown Harriers	M	M40	M40	70	23	46	16	6	11
87	406	52:47	Sarah	Wise	Egdon Heath Harriers	F	F	F	17			1		
88	263	52:52	Chris	Owens		M	M50	M50	71	13	47			
89	392	52:55	Sophie	Ward	Wimbledon Windmilers	F	F40	F40	18	7	9	1	1	1
90	169	52:59	John	Henderson		M	M50	M50	72	14	48			
91	147	53:06	Alex	Goff		M	M	M	73					
92	358	53:08	Conal	Tatchell		M	M40	M40	74	24	49			
93	271	53:15	Geoff	Parrott	Westbourne RC	M	M70	M70	75	3	50	6	1	4
94	99	53:36	Michael	Cunningham	Littledown Harriers	M	M	M	76			17		
95	166	53:40	Terry	Haughey	Poole Runners	M	M60	M60	77	10	51	11	2	9
96	307	53:43	Rebecca	Rogers		F	F	F	19					
97	401	53:48	Jason	Wilkinson		M	M40	M40	78	25	52			
98	21	53:53	Sharon	Barlow	Poole AC	F	F40	F40	20	8	10	2	1	2
99	111	53:59	Gina	Demontis	Egdon Heath Harriers	F	FJ	FJ	21	1		2	1	
100	92	54:06	Emily	Cox	Poole Runners	F	F	F	22			4		
101	359	54:07	Jonathan	Tattersall		M	M	M	79					
102	413	54:12	Paula	Wright	Lytchett Manor Striders	F	F40	F40	23	9	11	2	2	2
103	123	54:20	Kirsty	Drewett	Bournemouth AC	F	F40	F40	24	10	12	1	1	1
104	305	54:30	Samantha	Robinson	Combe Grove Runners	F	F50	F50	25	3	13	1	1	1
105	126	54:42	Mohini	Eccleston	Littledown Harriers	F	F50	F50	26	4	14	4	1	3
106	233	54:45	Brian	McDermott	Wimbledon Windmilers	M	M50	M50	80	15	53	1	1	1
107	260	54:46	Jayne	Offer	Poole AC	F	F50	F50	27	5	15	3	2	3
108	339	54:50	Rachel	Smith-Harrison	Littledown Harriers	F	F40	F40	28	11	16	5	3	4
109	195	55:05	Rona	Jones	Poole AC	F	F40	F40	29	12	17	4	2	4
110	407	55:08	Helen	Witt	Lytchett Manor Striders	F	F50	F50	30	6	18	3	1	3

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111	78	55:09	Stephen A	Cole	Lytchett Manor Striders	M	M60	M60	81	11	54	3	1	3
112	11	55:13	Jeremy	Baggott		M	M40	M40	82	26	55			
113	12	55:13	Kerry	Baggott		F	F40	F40	31	13	19			
114	53	55:18	Ian	Bugler	Square and Compass Trail Runners	M	M40	M40	83	27	56	3	1	3
115	279	55:21	Elizabeth	Poingdestre		F	F60	F60	32	1	20			
116	420	55:22	Liz	Goldsack		F	F50	F50	33	7	21			
117	84	55:23	John	Connor	Square and Compass Trail Runners	M	M50	M50	84	16	57	4	3	4
118	51	55:26	Alex	Brown		M	M	M	85					
119	363	55:31	Matt	Taylor		M	M40	M40	86	28	58			
120	163	55:34	Holly	Harris	Dorchester RIOT	F	F50	F50	34	8	22	1	1	1
121	162	55:34	Graham	Harris	Dorchester RIOT	M	M50	M50	87	17	59	1	1	1
122	138	55:36	Carys Jane	Gallagher	Westbourne RC	F	F	F	35			1		
123	63	55:38	Louise	Buxton	Combe Grove Runners	F	F50	F50	36	9	23	2	2	2
124	187	55:56	Tanya	Hunt		F	F	F	37					
125	240	56:08	Kelly	Meates		F	F	F	38					
126	297	56:11	Helen	Richards	Lytchett Manor Striders	F	F40	F40	39	14	24	4	3	4
127	323	56:16	Nigel	Savory		M	M50	M50	88	18	60			
128	109	56:21	Mark	Dawson	Poole AC	M	M50	M50	89	19	61	7	4	4
129	346	56:23	Chris	Sparkes	Littledown Harriers	M	M50	M50	90	20	62	18	3	12
130	202	56:26	Lucy	Kenchington	Square and Compass Trail Runners	F	F50	F50	40	10	25	1	1	1
131	127	56:28	David	Elliott		M	M40	M40	91	29	63			
132	381	56:34	Ian	Underwood		M	M60	M60	92	12	64			
133	266	56:36	Samantha	Pain	Littledown Harriers	F	F50	F50	41	11	26	6	2	5
134	289	56:47	David	Rayner		M	M	M	93					
135	316	56:55	Gill	Sadler	Purbeck Runners	F	F50	F50	42	12	27	1	1	1
136	349	56:59	Beccy	Spicer	Purbeck Runners	F	F40	F40	43	15	28	2	1	2
137	412	57:11	Heidi	Wright		F	F40	F40	44	16	29			
138	24	57:19	Kirsty	Barrow	Lytchett Manor Striders	F	F	F	45			5		
139	321	57:21	Anne	Saunders	Dorchester RIOT	F	F60	F60	46	2	30	2	1	2
140	390	57:23	Darryl	Walsh	Muddy Runners	M	M40	M40	94	30	65	1	1	1
141	106	57:27	Alexandra	Davis	Muddy Runners	F	F	F	47			1		
142	409	57:31	Jeff	Woolley		M	M50	M50	95	21	66			
143	155	57:33	Colin	Griffiths	Littledown Harriers	M	M60	M60	96	13	67	19	4	13
144	345	57:37	Andy	Sorton	Poole Runners	M	M40	M40	97	31	68	12	7	10
145	319	57:43	Harvey	Samways		M	M40	M40	98	32	69			
146	301	57:50	David	Ritchie	Poole AC	M	M50	M50	99	22	70	8	5	5
147	181	57:51	Claudia	Howse	Poole Runners	F	F50	F50	48	13	31	5	1	1

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148	89	57:55	Dawn	Cosh	Square and Compass Trail Runners	F	F50	F50	49	14	32	2	2	2
149	151	58:03	Stephanie	Green	Poole Runners	F	F	F	50			6		
150	59	58:05	Danielle	Bushnell	Dorchester RIOT	F	F	F	51			3		
151	61	58:12	Georgina	Butler		F	F40	F40	52	17	33			
152	8	58:18	Abigail	Audrain		F	F	F	53					
153	379	58:19	Sarah	Tuck	Poole Runners	F	F	F	54			7		
154	402	58:30	Leanne	Williams		F	F	F	55					
155	385	58:31	Liz	Waite		F	F	F	56					
156	308	58:32	Phillipa	Role Tuskin	Lytchett Manor Striders	F	F40	F40	57	18	34	6	4	5
157	211	58:32	Chris	Lane	Littledown Harriers	M	M60	M60	100	14	71	20	5	14
158	82	58:34	Grace	Compton		F	F	F	58					
159	394	58:35	Mark	Watson		M	M50	M50	101	23	72			
160	30	58:41	Joe	Begg		M	MJ	MJ	102	2				
161	3	58:47	Tish	Alberry	Purbeck Runners	F	F50	F50	59	15	35	3	2	3
162	325	58:49	Caroline	Searle	Littledown Harriers	F	F	F	60			7		
163	399	59:04	Lorraine	White		F	F50	F50	61	16	36			
164	227	59:08	Andrea	Marshall	Lytchett Manor Striders	F	F50	F50	62	17	37	7	2	6
165	280	59:09	Jonny	Purchase		M	M40	M40	103	33	73			
166	32	59:11	Simon	Begg		M	M40	M40	104	34	74			
167	199	59:19	Mark	Kearley		M	M40	M40	105	35	75			
168	376	59:28	Shannon	Tremaine		F	F	F	63					
169	411	59:33	Pauline	Worrall	Bournemouth Joggers	F	F60	F60	64	3	38	1	1	1
170	225	59:43	David P	Maggs		M	M40	M40	106	36	76			
171	128	59:49	Mel	Elliott		F	F	F	65					
172	101	59:51	Carly	Cutts Hammond	Just Jog Bideford	F	F	F	66			1		
173	35	59:58	Stephen	Bennett	Lytchett Manor Striders	M	M50	M50	107	24	77	4	2	4
174	403	60:16	Roy	Williams	Poole Runners	M	M60	M60	108	15	78	13	3	11
175	331	60:22	Gemma	Skinner	Bournemouth Joggers	F	F	F	67			2		
176	249	60:24	Joanna	Monk	Kingston Lacy Lady Runners	F	F	F	68			1		
177	366	60:32	Mike	Terry	Littledown Harriers	M	M60	M60	109	16	79	21	6	15
178	57	60:37	Julie	Burns	Square and Compass Trail Runners	F	F40	F40	69	19	39	3	1	3
179	317	60:39	Natasha	Sage	Lytchett Manor Striders	F	F	F	70			8		
180	50	60:47	Dee	Brooks	Dorchester RIOT	F	F40	F40	71	20	40	4	1	3
181	419	60:50	Lander	Tracey	Littledown Harriers	F	F50	F50	72	18	41	8	3	6
182	237	60:51	Kevin	McLatchie		M	M	M	110					
183	112	60:52	Amanda	Dennison	Poole Runners	F	F	F	73			8		
184	5	60:57	Steve	Amos	Poole Runners	M	M	M	111			14		

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185	275	61:01	Holly	Pavey		F	F	F	74					
186	234	61:01	Liam	McGrath		M	M	M	112					
187	64	61:04	Andrew	Byrom	Purbeck Runners	M	M50	M50	113	25	80	2	1	1
188	65	61:04	Tracy	Byrom	Purbeck Runners	F	F	F	75			4		
189	183	61:10	Kate	Hughes	Lytchett Manor Striders	F	F40	F40	76	21	42	9	5	7
190	132	61:16	Scott	Farrell		M	M40	M40	114	37	81			
191	75	61:20	Joanne	Cleall	Poole Runners	F	F	F	77			9		
192	172	61:39	Jason	Hepple	Poole AC	M	M50	M50	115	26	82	9	6	6
193	391	61:49	Jane	Ward	Dorset Doddlers	F	F50	F50	78	19	43	2	2	2
194	13	61:51	Charlie	Bailey		M	M	M	116					
195	104	61:52	Julia	Davies		F	F40	F40	79	22	44			
196	414	61:53	Morgan	Wylie		M	MJ	MJ	117	3				
197	17	61:54	Richard	Bailey		M	M40	M40	118	38	83			
198	178	62:01	Laura	Horswill	Poole AC	F	F	F	80			5		
199	340	62:07	Jane	Snarey		F	F	F	81					
200	302	62:07	Vanya	Ritchie	Poole AC	F	F50	F50	82	20	45	6	3	5
201	335	62:12	Richard	Smith	Littledown Harriers	M	M50	M50	119	27	84	22	4	16
202	197	62:12	Liz	Jordan		F	F50	F50	83	21	46			
203	362	62:14	Jean	Taylor	Wimbledon Windmilers	F	F60	F60	84	4	47	2	1	2
204	334	62:37	Colin	Smith	South West Veterans AC	M	M60	M60	120	17	85	1	1	1
205	96	62:45	Caroline	Creed		F	F40	F40	85	23	48			
206	115	62:51	Cathy	Devine	Wimbledon Windmilers	F	F50	F50	86	22	49	3	1	3
207	286	62:55	Natasha	Ramsay		F	F	F	87					
208	274	63:00	Debbie	Pavey		F	F50	F50	88	23	50			
209	293	63:00	Josh	Reed		M	M	M	121					
210	357	63:02	Patricia	Symons		F	F50	F50	89	24	51			
211	291	63:14	Nicki	Ream	Poole Runners	F	F40	F40	90	24	52	10	1	2
212	20	63:27	Mary	Barlow		F	F	F	91					
213	322	63:28	Mandy	Savory		F	F50	F50	92	25	53			
214	203	63:31	Ingrid	King	Lonely Goat RC	F	F40	F40	93	25	54	1	1	1
215	220	63:31	Fiona	Lucas	Littledown Harriers	F	F40	F40	94	26	55	9	4	7
216	154	63:33	Clive	Grewcock	Westbourne RC	M	M60	M60	122	18	86	7	2	5
217	284	63:33	Rosie	Quick		F	FJ	FJ	95	2				
218	18	63:41	Abigail	Baker	Purbeck Runners	F	F	F	96			5		
219	273	63:46	Katie	Patterson		F	F	F	97					
220	36	63:51	Sandra	Bessant	Run Blandford	F	F50	F50	98	26	56	1	1	1
221	328	63:53	Noelle	Simmons	Wimbledon Windmilers	F	F50	F50	99	27	57	4	2	4

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222	372	64:00	Nicky	Tinsley	Oakdale Runners	F	F50	F50	100	28	58	1	1	1
223	207	64:00	Vanessa	Kyte	Oakdale Runners	F	F50	F50	101	29	59	2	2	2
224	278	64:23	Sean	Perrin	Poole Runners	M	M40	M40	123	39	87	15	8	12
225	107	64:25	Thomas	Davison	PSSA	M	M60	M60	124	19	88	1	1	1
226	4	64:31	Helen	Alsop		F	F	F	102					
227	9	64:31	Philip	Audrain	Poole AC	M	M50	M50	125	28	89	10	7	7
228	158	64:34	Sarah	Guppy		F	F40	F40	103	27	60			
229	288	64:40	Emma	Rawson	Littledown Harriers	F	F50	F50	104	30	61	10	4	8
230	221	64:46	Martin	Lucas	Littledown Harriers	M	M50	M50	126	29	90	23	5	17
231	209	64:59	Jon	Laker		M	M50	M50	127	30	91			
232	85	65:10	Collette	Convery	Lytchett Manor Striders	F	F50	F50	105	31	62	10	3	8
233	369	65:12	Megan	Thompson	Poole Runners	F	F	F	106			11		
234	415	65:22	Anne	Yendell		F	F50	F50	107	32	63			
235	208	65:27	Corrine	Laker		F	F50	F50	108	33	64			
236	267	65:40	Tracey	Palmer		F	F50	F50	109	34	65			
237	213	65:42	Faye	Law	Poole Runners	F	F	F	110			12		
238	124	65:51	Gill	Drumm		F	F40	F40	111	28	66			
239	28	65:53	Teresa	Bebb		F	F	F	112					
240	43	65:54	Patricia	Bradshaw	Poole AC	F	F	F	113			7		
241	42	65:54	Chris	Bradshaw	Poole AC	M	M	M	128			11		
242	170	65:56	Emma	Henderson-Bishop	Poole AC	F	F	F	114			8		
243	135	65:57	Sue	Fox	Running for Time	F	F60	F60	115	5	67	2	1	1
244	41	66:01	Tara	Bracher		F	F	F	116					
245	277	66:06	Josephine	Peasland	100 Marathon Club	F	F40	F40	117	29	68	1	1	1
246	129	66:09	Susie	Elliott	Littledown Harriers	F	F50	F50	118	35	69	11	5	9
247	367	66:17	Caroline	Thomas		F	F50	F50	119	36	70			
248	360	66:23	Simon	Tattersall		M	M50	M50	129	31	92			
249	235	66:32	Matthew	McGuire		M	M	M	130					
250	193	66:40	Lucy	Jackson		F	F	F	120					
251	173	66:48	Debbie S	Hewitt	Egdon Heath Harriers	F	F50	F50	121	37	71	3	1	1
252	261	66:55	Stacey	Orchard		F	F	F	122					
253	22	66:55	Claire	Barringer		F	F	F	123					
254	393	67:12	Josie	Warr	Dorchester RIOT	F	F	F	124			5		
255	137	67:16	Robert	Frampton	Poole Runners	M	M50	M50	131	32	93	16	2	13
256	105	67:27	Philip	Davies		M	M60	M60	132	20	94			
257	95	67:30	Hilary	Craig	Poole Runners	F	F40	F40	125	30	72	13	2	3
258	324	67:30	Geoffrey	Scott	Poole Runners	M	M70	M70	133	4	95	17	1	14



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259	160	67:49	Alison	Hardy	UKRunChat Running Club	F	F40	F40	126	31	73	1	1	1
260	23	67:54	Michael	Barron	Purbeck Runners	M	M60	M60	134	21	96	3	1	2
261	262	68:11	Rosemarie	Osborn	New Forest Runners	F	F70	F70	127	1	74	1	1	1
262	55	68:19	Guy	Burdett	Littledown Harriers	M	M40	M40	135	40	97	24	7	18
263	354	68:23	Alexandra	Stevens	Littledown Harriers	F	F50	F50	128	38	75	12	6	10
264	149	68:30	Teresa	Graham	Lytchett Manor Striders	F	F50	F50	129	39	76	11	4	9
265	216	68:31	Cherelle	Lewis		F	F	F	130					
266	191	68:51	Jacqui	Ives	Run Happy Dorset	F	F40	F40	131	32	77	1	1	1
267	311	68:54	Diane	Ruffle	Bournemouth Joggers	F	F60	F60	132	6	78	3	2	2
268	296	68:59	Karen	Renwick		F	F	F	133					
269	174	68:59	Jo	Hicks		F	F40	F40	134	33	79			
270	241	69:02	Catherine	Midgley	Poole AC	F	F50	F50	135	40	80	9	4	6
271	134	69:04	Joan	Fox	Bournemouth Joggers	F	F70	F70	136	2	81	4	1	3
272	80	69:16	Peter	Collins	Lytchett Manor Striders	M	M40	M40	136	41	98	5	1	5
273	408	69:19	Emily	Woodcock		F	F	F	137					
274	136	69:20	Marion	Frampton	Poole Runners	F	F50	F50	138	41	82	14	2	4
275	298	69:32	Sarah	Richbell		F	F	F	139					
276	250	69:33	Glenda	Monson		F	F60	F60	140	7	83			
277	67	70:05	Diane	Carter	Wimbledon Windmilers	F	F60	F60	141	8	84	5	2	5
278	364	70:05	Samantha	Taylor		F	F40	F40	142	34	85			
279	31	70:33	Lucy	Begg		F	F40	F40	143	35	86			
280	164	70:35	Rebecca	Harrison	Poole Runners	F	F	F	144			15		
281	309	70:36	Debbie	Ruffell		F	F40	F40	145	36	87			
282	348	70:52	Alison	Sperring	Dorset Police Athletics Club	F	F50	F50	146	42	88	1	1	1
283	48	71:24	Mike	Broadley		M	M70	M70	137	5	99			
284	148	71:36	Ray	Graham	Run Happy Dorset	M	M50	M50	138	33	100	1	1	1
285	226	71:39	Allan	Maidment		M	M	M	139					
286	214	71:53	Laura	Lee	Run Blandford	F	F40	F40	147	37	89	2	1	2
287	287	72:06	Dave	Randall	Littledown Harriers	M	M60	M60	140	22	101	25	7	19
288	244	72:09	Andrew	Mills	Poole AC	M	M60	M60	141	23	102	12	1	8
289	71	72:16	Amy	Chapman		F	F	F	148					
290	69	72:17	Elaine	Chandler		F	F50	F50	149	43	90			
291	344	72:23	Naomi	Somerset		F	F	F	150					
292	83	72:31	Joanne	Coney-Lax	Poole Runners	F	F	F	151			16		
293	336	72:32	Samantha	Smith	Littledown Harriers	F	F40	F40	152	38	91	13	5	11
294	139	72:38	Lesley	Gardner		F	F50	F50	153	44	92			
295	251	72:43	Kim	Moorhouse		F	F	F	154					



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296	315	73:02	Harriet	Ryan	Run Blandford	F	F60	F60	155	9	93	3	1	3
297	131	73:11	Emma	Evans		F	F40	F40	156	39	94			
298	100	73:26	Mary	Cusens	Littledown Harriers	F	F60	F60	157	10	95	14	1	12
299	66	73:38	Robert	Campbell-Smith	Poole Runners	M	M50	M50	142	34	103	18	3	15
300	378	73:40	Jenny	Tripney		F	F40	F40	158	40	96			
301	205	74:10	Nicola	Knight	Verwood Runners	F	F40	F40	159	41	97	1	1	1
301	259	74:10	Tim	North	Verwood Runners	M	M40	M40	143	42	104	1	1	1
301	204	74:10	Gary	Knight	Verwood Runners	M	M40	M40	144	43	105	2	2	2
304	268	74:35	Benjamin	Pantling	Lonely Goat RC	M	M40	M40	145	44	106	1	1	1
305	295	74:52	Sarah	Rejchrt	Westbourne RC	F	F40	F40	160	42	98	2	1	1
306	168	75:14	Susanna	Heir		F	F	F	161					
307	416	75:14	Alex	Yorke	Baffins Fit Club	F	F40	F40	162	43	99	1	1	1
308	410	75:18	Karen	Woolley	Purbeck Runners	F	F50	F50	163	45	100	6	3	4
309	386	75:22	Bernard	Waldron		M	M60	M60	146	24	107			
310	417	75:43	James	Yorke	Baffins Fit Club	M	M40	M40	147	45	108	1	1	1
311	1	75:49	Tim	Abberley		M	M60	M60	148	25	109			
312	370	76:05	Jane	Tidman		F	F50	F50	164	46	101			
312	371	76:05	Tessa	Tidman		F	F	F	165					
314	276	76:31	Fiona	Pawsey	Dorset Sole Sisters	F	F40	F40	166	44	102	1	1	1
315	49	77:05	Jemma	Brock		F	F	F	167					
316	81	77:09	Sarina	Collis	Baffins Fit Club	F	F	F	168			2		
317	14	77:11	Daniel	Bailey	Baffins Fit Club	M	M	M	149			2		
318	356	77:26	Witney	Symon	Run Blandford	M	M50	M50	150	35	110	1	1	1
319	355	78:47	David	Stokes	Littledown Harriers	M	M50	M50	151	36	111	26	6	20
320	270	78:49	Fleur	Parker	Egdon Heath Harriers	F	F40	F40	169	45	103	4	1	2
321	368	78:50	Alison	Thompson	Egdon Heath Harriers	F	F40	F40	170	46	104	5	2	3
322	230	78:55	Claire	May	Dorset Sole Sisters	F	F50	F50	171	47	105	2	1	2
323	2	79:00	Jane	Abrahams		F	F60	F60	172	11	106			
324	114	79:05	Ann	Deverill	Poole AC	F	F50	F50	173	48	107	10	5	7
325	40	79:08	Lorraine	Bowdler	Poole AC	F	F50	F50	174	49	108	11	6	8
326	189	79:09	Nuala	Irven	Poole AC	F	F50	F50	175	50	109	12	7	9
327	192	80:04	Judy	Ives		F	F60	F60	176	12	110			
328	76	80:04	James	Close		M	M50	M50	152	37	112			
329	285	80:17	Louise	Quinney		F	F50	F50	177	51	111			
330	141	80:42	Annette	Geyser		F	F40	F40	178	47	112			
331	247	81:07	Trisha	Mills	Poole AC	F	F60	F60	179	13	113	13	1	10
332	242	81:30	Michelle	Miles		F	F40	F40	180	48	114			

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333	222	82:24	Hayley	Luke		F	F40	F40	181	49	115			
334	198	82:27	Magdalena	Kalisiak	Vegan Runners	F	F40	F40	182	50	116	1	1	1
335	70	82:31	Michael	Chant	Littledown Harriers	M	M60	M60	153	26	113	27	8	21
335	52	82:31	Roger	Browning	Littledown Harriers	M	MJ	MJ	154	4		28	1	
337	206	82:57	Jane	Kovalev		F	F60	F60	183	14	117			
338	387	83:05	Julie	Waldron		F	F60	F60	184	15	118			
339	6	83:10	Hilary	Anderson	Purbeck Runners	F	F50	F50	185	52	119	7	4	5
340	292	83:12	Christine	Redout	Purbeck Runners	F	F60	F60	186	16	120	8	1	6
341	320	83:14	Leigh	Samways		F	F40	F40	187	51	121			
342	252	83:43	Fiona	Morphew	Poole AC	F	F60	F60	188	17	122	14	2	11
342	389	83:43	Gill	Waller	Poole AC	F	F40	F40	189	52	123	15	3	12
344	397	84:37	Charlotte	White	Lonely Goat RC	F	F	F	190			2		
345	290	85:51	Lisa	Read		F	F40	F40	191	53	124			
346	45	85:52	Sue	Brigden	Team Bath AC	F	F60	F60	192	18	125	1	1	1
347	314	87:03	Lisa	Rumens		F	F40	F40	193	54	126			
348	353	87:04	Sarah	Stephenson		F	F40	F40	194	55	127			
349	47	89:25	Geraldine	Broadley		F	F70	F70	195	3	128			
350	143	99:11	Rachel	Gillespie		F	F40	F40	196	56	129			
350	34	99:11	Philip	Benham		M	M50	M50	155	38	114			