

Lulworth Castle 10K 2019 - Open and Category Results

Category	Record	Entered	Started	Finished	Pos.	No.	Time	Forename	Surname	Club	
M	34.43	189	157	155	1	326	38.44	Joseph	Sherwood	Littledown Harriers	
					2	120	40.12	Luke	Dowsett	Littledown Harriers	
					3	121	40.15	Kevin	Drayson	Westbourne RC	
F	42.56	230	197	196	1	352	42.47	Caroline	Stanzel	Poole Runners	NR
					2	377	45.24	Sarah	Trim	Running For Time	
					3	27	46.16	Anne-Marie	Bayliss		
MJ	40.08	6	5	5	1	329	45.52	Jed	Skilton	Poole AC	
					2	30	58.41	Joe	Begg		
					3	414	61.53	Morgan	Wylie		
FJ	60.18	3	2	2	1	111	53.59	Gina	Demontis	Egdon Heath Harriers	NR
					2	284	63.33	Rosie	Quick		
M40	34.43	56	45	45	1	223	41.04	Ian	Luke	Poole Runners	
					2	117	41.10	Peter	Doughty	Westbourne RC	
					3	375	41.48	Rupert Hen	Tory		
F40	45.29	69	57	57	1	384	47.06	Judith	Vlaarkamp	Lytchett Manor Striders	
					2	10	48.25	Louise	Austin	Littledown Harriers	
					3	25	49.09	Lucy	Bartlett	Fareham Crusaders	
M50	40.56	48	39	38	1	269	42.56	David	Parker	Littledown Harriers	
					2	19	43.29	Kevin	Barlow	Poole AC	
					3	212	44.50	Paul	Lane	Poole AC	
F50	47.29	61	53	52	1	188	50.09	Lynn	Hutchings	Dorset Doodlers	
					2	306	50.23	Kathryn	Robson	Poole AC	
					3	305	54.30	Samantha	Robinson	Combe Grove Runners	
M60	41.30	30	26	26	1	140	47.30	David	George	Westbury Harriers	
					2	156	48.22	Chris	Guerrier	Poole Runners	
					3	186	48.45	Simon	Hunt	Bournemouth AC	
F60	50.09	21	18	18	1	279	55.21	Elizabeth	Poingdestre		
					2	321	57.21	Anne	Saunders	Dorchester RIOT	
					3	411	59.33	Pauline	Worrall	Bournemouth Joggers	
M70	47.40	6	6	5	1	58	50.18	Robert	Burns	Lytchett Manor Striders	
					2	219	51.40	Brian	Long		
					3	271	53.15	Geoff	Parrott	Westbourne RC	
F70	63.12	3	3	3	1	262	68.11	Rosemarie	Osborn	New Forest Runners	
					2	134	69.04	Joan	Fox	Bournemouth Joggers	
					3	47	89.25	Geraldine	Broadley		

Prize winners: top 3 men & ladies in open competition and 1st man & lady in each age group.
Open prize winners are not eligible for age category competitions.