

## Lulworth Castle 10K 2017 - Full Results

Overall Position	Bib Number	Time (mm.ss)	Forename	Surname	Club	M/F	Category	M/F Position	Cat. Position	MV/FV Position
1	158	35.15	Jacek	Cieluszecki	Bournemouth AC	M	M	1	1	
2	377	37.42	Craig	Palmer	Littledown Harriers	M	M	2	2	
3	219	37.52	Sean	Edwards	Lytchett Manor Striders	M	M	3	3	
4	149	38.58	James	Campbell	Purbeck Runners	M	M	4	4	
5	299	39.05	Darren	Howard-Tomes	Littledown Harriers	M	M	5	5	
6	161	39.51	Steve	Claxton	Poole Runners	M	M40	6	1	1
7	472	40.04	Dominic	Ware	Vegan Runners	M	M40	7	2	2
8	355	40.19	Barry	Miller	Poole AC	M	M	8	6	
9	148	40.20	Bruce	Campbell	Egdon Heath Harriers	M	M40	9	3	3
10	376	40.42	Mark	Packer	Littledown Harriers	M	M40	10	4	4
11	250	41.08	Mark	Goodwin	Littledown Harriers	M	M40	11	5	5
12	364	41.14	Rob	Murray	Purbeck Runners	M	M	12	7	
13	495	41.40	Stephen	Williams	Littledown Harriers	M	M	13	8	
14	363	41.47	Hamish	Murray	Purbeck Runners	M	M60	14	1	6
15	134	42.18	Stephen	Bridger	Purbeck Runners	M	M50	15	1	7
16	413	42.25	Danny	Seldon	Purbeck Runners	M	M40	16	6	8
17	277	42.37	Greg	Hawkins	Littledown Harriers	M	M	17	9	
18	186	43.03	Carl	Creasey	Royal Marines	M	M	18	10	
19	130	43.07	Shaun	Bennett		M	M	19	11	
20	164	43.41	Matthew	Coggins	Purbeck Runners	M	M	20	12	
21	431	43.53	Caroline	Stanzel	Poole Runners	F	F	1	1	
22	252	44.19	David	Graham	Poole Runners	M	M40	21	7	9
23	344	45.20	Clare	Martin	Purbeck Runners	F	F	2	2	
24	342	45.40	Graham	Malt	Littledown Harriers	M	M50	22	2	10
25	450	45.41	Gary	Tissington	Poole AC	M	M	23	13	
26	210	46.02	Luke	Dowsett	Littledown Harriers	M	M	24	14	
27	189	46.10	Paul	Currah	Poole Runners	M	M	25	15	
28	373	46.40	Mark	Ormonde	Lytchett Manor Striders	M	M	26	16	
29	449	46.53	Alex	Thompson	Lytchett Manor Striders	M	M40	27	8	11
30	465	47.13	Steven	Van Der Veken		M	M	28	17	
31	261	47.14	Chris	Guerrier	Poole Runners	M	M60	29	2	12
32	141	47.16	Ashley	Burn		M	M	30	18	
33	457	47.22	Michael	Tuczemski		M	M	31	19	
34	229	47.24	Mark	Everett	Littledown Harriers	M	M	32	20	
35	392	47.25	Lee	Pullen	Lytchett Manor Striders	M	M	33	21	
36	359	47.33	John	Morris	Lytchett Manor Striders	M	M50	34	3	13
37	143	47.41	Anton	Burns		M	M50	35	4	14
38	206	47.56	Alexandra	Door	Egdon Heath Harriers	F	F	3	3	
39	211	47.57	Matt	Driver	Yeovil Town RRC	M	M50	36	5	15
40	471	47.58	Simon	Ward	Poole AC	M	M40	37	9	16
41	170	48.03	Luke	Conroy		M	M	38	22	
42	124	48.10	Glen	Batt	Littledown Harriers	M	M50	39	6	17
43	238	48.11	Sandra	Firth		F	F	4	4	
44	421	48.26	Deane	Smith		M	M50	40	7	18
45	247	48.51	Wesley	Gifford		M	M	41	23	
46	356	48.54	Daniel	Molyneaux	Poole Runners	M	M	42	24	
47	453	49.08	Joanna	Tomsett	Littledown Harriers	F	F	5	5	
48	128	49.15	G	Bemment	Littledown Harriers	M	M60	43	3	19
49	106	49.21	Steve	Amos	Poole Runners	M	M	44	25	
50	430	49.32	Jason	Spicer	Human Energy	M	M40	45	10	20
51	198	49.33	Kevin	Day	Goyt Valley Striders	M	M50	46	8	21
52	375	49.36	Christophe	Owens		M	M50	47	9	22
53	427	49.45	Jessica	Snow	Deckchair Dynamos	F	F	6	6	
54	333	49.48	Stephen	Littlecott	Lytchett Manor Striders	M	M60	48	4	23
55	295	49.57	Darren	Holmes	Littledown Harriers	M	M40	49	11	24
56	107	49.57	Mark	Andrews	Egdon Heath Harriers	M	M50	50	10	25
57	266	50.05	Robert	Hammond	Egdon Heath Harriers	M	M40	51	12	26
58	105	50.06	Kelly	Amos	Poole Runners	F	F	7	7	
59	425	50.07	Wayne	Smith	Royal Manor of Portland AC	M	M40	52	13	27
60	244	50.08	Robert	Frampton	Poole Runners	M	M50	53	11	28
61	228	50.12	Maria	Everett	Littledown Harriers	F	F	8	8	
62	234	50.24	Graham	Filmer	Poole AC	M	M50	54	12	29
63	365	50.29	Stewart	Murray		M	M	55	26	
64	459	50.37	Sam	Twitchen		M	M	56	27	
65	336	50.42	Brian	Long		M	M60	57	5	30
66	474	50.42	Dave	Warren		M	M40	58	14	31
67	469	50.45	Charles	Wall	Littledown Harriers	M	M	59	28	
68	239	50.48	Michael	Fleck	Lytchett Manor Striders	M	M50	60	13	32
69	235	50.50	Trevor	Finnis	Lytchett Manor Striders	M	M50	61	14	33
70	382	50.55	Geoff	Parrott	Westbourne RC	M	M70	62	1	34
71	276	50.56	Terry	Haughey	Poole Runners	M	M60	63	6	35

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72	144	50.59	Robert	Burns	Lytchett Manor Striders	M	M70	64	2	36
73	213	51.21	Oliver	Dunn		M	M	65	29	
74	300	51.27	Martin	Hudson	Littledown Harriers	M	M60	66	7	37
75	185	51.28	Doug	Crammond	Poole AC	M	M60	67	8	38
76	387	51.32	Ben	Pitfield	Maiden Newton Runners	M	M	68	30	
77	205	51.34	Kevin	Doherty	Yeovil Town RRC	M	M40	69	15	39
78	313	51.49	Rachel	Jones		F	F	9	9	
79	220	51.52	David	Elliott		M	M	70	31	
80	178	51.53	Dawn	Cosh	Purbeck Runners	F	F40	10	1	1
81	405	51.55	Robert	Rolph	Littledown Harriers	M	M40	71	16	40
82	214	51.55	Scott	Dutton	Littledown Harriers	M	M40	72	17	41
83	72	52.05	Rory	Quick		M	MJ	73	1	
84	265	52.15	Gareth	Hale		M	M	74	32	
85	208	52.18	Esther	Downes	Poole Runners	F	F	11	10	
86	127	52.32	Jennifer	Beckett	Littledown Harriers	F	F	12	11	
87	498	52.32	Darren	Woollard		M	M40	75	18	42
88	397	52.35	Steve	Reynolds		M	M	76	33	
89	251	52.39	Emma	Goss		F	F	13	12	
90	452	52.40	Matthew	Tomlinson	Poole AC	M	M40	77	19	43
91	245	52.42	Becky	Froggatt	Littledown Harriers	F	F40	14	2	2
92	264	52.47	Kyle	Hagelburg		M	M40	78	20	44
93	409	52.56	Anne	Saunders		F	F50	15	1	3
94	447	53.01	Karen	Thompson	Littledown Harriers	F	F	16	13	
95	263	53.01	Phil	Hadrell	Weymouth St Pauls Harriers	M	M40	79	21	45
96	165	53.09	Stephen	Cole	Lytchett Manor Striders	M	M60	80	9	46
97	112	53.17	Tracy	Ashley	Littledown Harriers	F	F40	17	3	4
98	445	53.18	Andrew	Thomas		M	M50	81	15	47
99	493	53.19	Mike	Williams		M	M	82	34	
100	490	53.28	Graham	Wiffen	Wimbourne AC	M	M40	83	22	48
101	324	53.35	Tony	Lander		M	M50	84	16	49
102	362	53.35	Barbara	Murray	Purbeck Runners	F	F60	18	1	5
103	81	53.36	Mark	Young		M	M50	85	17	50
104	146	53.36	Jason	Bushnell		M	M	86	35	
105	201	53.49	Nanuka	Devi	Littledown Harriers	F	F40	19	4	6
106	479	53.52	Lucy	Wells		F	F	20	14	
107	411	53.54	Adam	Scott		M	M	87	36	
108	231	53.58	Kevin	Feeney	Axe Valley Runners	M	M60	88	10	51
109	240	54.02	Kathy	Fooks	Littledown Harriers	F	F50	21	2	7
110	157	54.15	Ela	Cieluszecka		F	F	22	15	
111	294	54.18	Tracey	Holman		F	F	23	16	
112	104	54.22	Matthew	Ames	Egdon Heath Harriers	M	M40	89	23	52
113	439	54.24	Jane	Taylor	Egdon Heath Harriers	F	F40	24	5	8
114	162	54.26	Anthony	Clewes	Littledown Harriers	M	M50	90	18	53
115	257	54.28	Steven	Gregory	Poole AC	M	M40	91	24	54
116	436	54.31	Sarah	Swift	Poole Runners	F	F40	25	6	9
117	325	54.38	Tracey	Lander	Littledown Harriers	F	F50	26	3	10
118	330	54.39	Howard	Lewis	Poole Runners	M	M40	92	25	55
119	437	54.41	Simon	Tattershall		M	M50	93	19	56
120	230	54.43	Jo	Farion	Avon Valley Runners	F	F	27	17	
121	120	54.48	Amy	Bartlett	Human Energy	F	F	28	18	
122	289	54.52	Ian	Hitching	Poole AC	M	M50	94	20	57
123	196	54.58	Mark	Dawson	Poole AC	M	M40	95	26	58
124	496	55.01	Nichola	Winterman		F	F	29	19	
125	307	55.02	Andrew	Jeffery		M	M50	96	21	59
126	217	55.02	Mohini	Eccleston	Littledown Harriers	F	F40	30	7	11
127	329	55.15	Albert	Leech		M	M	97	37	
128	343	55.18	Megan	Marshall	Human Energy	F	F	31	20	
129	163	55.30	Hayley	Coates	St Edmunds Pacers	F	F	32	21	
130	221	55.35	Mel	Elliott		F	F	33	22	
131	494	55.37	Roy	Williams	Poole Runners	M	M60	98	11	60
132	298	55.38	Carly	House		F	F	34	23	
133	458	55.38	Victoria	Turner		F	F	35	24	
134	357	55.53	Dave	Moran		M	M	99	38	
135	389	55.56	Emma	Pocock		F	F	36	25	
136	139	55.57	Martin	Buck	Poole AC	M	M50	100	22	61
137	415	56.01	Stephen	Shilling		M	M40	101	27	62
138	361	56.09	Stephen	Muncaster	Royal Manor of Portland AC	M	M	102	39	
139	151	56.17	Chris	Cartwright	Poole Runners	M	M	103	40	
140	443	56.21	Barry	Telling	Littledown Harriers	M	M50	104	23	63
141	174	56.22	Rodger	Cooper	Lytchett Manor Striders	M	M60	105	12	64
142	274	56.23	Tracey	Harvey	Lytchett Manor Striders	F	F40	37	8	12
143	138	56.25	Andrzej	Bubez	Poole AC	M	M	106	41	
144	424	56.26	Stuart	Smith	Littledown Harriers	M	M50	107	24	65
145	485	56.32	Paul	Whitmarsh		M	M40	108	28	66

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146	400	56.34	David	Ritchie	Poole AC	M	M50	109	25	67
147	118	56.35	Philip	Barnes	Human Energy	M	M50	110	26	68
148	478	56.47	Lynne	Welch	Poole AC	F	F50	38	4	13
149	273	56.49	Kirsty	Harvey	Human Energy	F	F	39	26	
150	408	56.57	Gill	Sadler	Purbeck Runners	F	F50	40	5	14
151	232	56.58	Lauren	Feeney		F	F	41	27	
152	302	57.00	Harry	Hunter		M	M	111	42	
153	486	57.03	Richard	Whitmarsh		M	M40	112	29	69
154	100	57.10	Tish	Alberry	Purbeck Runners	F	F50	42	6	15
155	225	57.12	Trish	England	Egdon Heath Harriers	F	F50	43	7	16
156	177	57.15	Mary	Corrigan	Littledown Harriers	F	F50	44	8	17
157	337	57.17	Martin	Lucas	Littledown Harriers	M	M50	113	27	70
158	340	57.23	Hamish	Macbeth		M	M40	114	30	71
159	248	57.24	Alexander	Goff		M	M	115	43	
160	150	57.33	Stella	Campbell	Egdon Heath Harriers	F	F	45	28	
161	305	57.34	Emma	Jackson		F	F40	46	9	18
162	267	57.36	Trine	Hansen		F	F	47	29	
163	122	57.37	Julie	Bassett	Littledown Harriers	F	F	48	30	
164	116	57.51	Abigail	Baker	Purbeck Runners	F	F	49	31	
165	345	58.11	Sarah	Matthews	Egdon Heath Harriers	F	F50	50	9	19
166	444	58.15	Mike	Terry	Littledown Harriers	M	M60	116	13	72
167	290	58.22	Gina	Hobson	Haywards Heath Harriers	F	F	51	32	
168	262	58.23	Helen	Guerrier	Poole Runners	F	F	52	33	
169	410	58.26	Nicola	Sawyer	Poole AC	F	F40	53	10	20
170	316	58.35	Adam	Keenan		M	M40	117	31	73
171	338	58.39	Maureen	Lucas		F	F50	54	10	21
172	319	58.46	Ben	Kerley		M	M	118	44	
173	152	58.48	Jim	Cartwright		M	M	119	45	
174	241	58.51	Serena	Fooks	Littledown Harriers	F	F	55	34	
175	456	59.07	Roy	Tubman	Littledown Harriers	M	M40	120	32	74
176	269	59.10	Graham	Harris		M	M50	121	28	75
177	270	59.11	Holly	Harris		F	F50	56	11	22
178	142	59.12	Linda	Burn	Littledown Harriers	F	F60	57	2	23
179	278	59.15	Michael	Hawkins		M	M50	122	29	76
180	117	59.25	Ann	Barnes	Human Energy	F	F50	58	12	24
181	293	59.26	Ade	Holloway	Littledown Harriers	M	M50	123	30	77
182	283	59.40	Joanna	Henley	Yeovil Town RRC	F	F40	59	11	25
183	429	59.41	Beccy	Spicer	Human Energy	F	F	60	35	
184	401	59.43	Vanya	Ritchie	Poole AC	F	F50	61	13	26
185	420	59.49	Colin	Smith		M	M60	124	14	78
186	477	59.54	Nicollette	Weaver	Egdon Heath Harriers	F	F40	62	12	27
187	282	59.55	Zara	Hebbern	Egdon Heath Harriers	F	F	63	36	
188	188	60.15	Katie	Cruikshanks		F	F	64	37	
189	348	60.17	Lucy	Mccalister		F	F	65	38	
190	371	60.18	Holly	O'Flanagan	Weymouth St Pauls Harriers	F	FJ	66	1	
191	287	60.23	Kim	Higgins	Poole AC	F	F40	67	13	28
192	212	60.24	Hettie	Dunkley	Littledown Harriers	F	F	68	39	
193	352	60.25	Elena	Micheletto	Littledown Harriers	F	F	69	40	
194	121	60.28	Ken	Bartlett	Human Energy	M	M50	125	31	79
195	491	60.28	James Lee	Wilkins		M	M40	126	33	80
196	341	60.29	Alie	Madders	Dorset Doodlers	F	F	70	41	
197	166	60.30	Lee	Collier	Dorset Doodlers	M	M40	127	34	81
198	417	60.32	Katherine	Sibthorp		F	F	71	42	
199	216	60.49	Tia	Dyke		F	F40	72	14	29
200	168	60.57	Reece	Collins		M	MJ	128	2	
201	180	60.58	Clare	Coward		F	F	73	43	
202	353	61.07	Jonathan	Middleton		M	M	129	46	
203	195	61.10	Thomas	Davison	PSSA	M	M60	130	15	82
204	395	61.26	Patricia	Reilly	New Forrest Runners	F	F50	74	14	30
205	175	61.27	Sally	Cooper	Poole Runners	F	F40	75	15	31
206	110	61.32	Thomas	Arnold		M	M	131	47	
207	129	61.33	Maxine	Bennett	Littledown Harriers	F	F50	76	15	32
208	489	61.34	Nicola	Whittaker	Littledown Harriers	F	F	77	44	
209	308	61.38	Dave	Jenkins		M	M70	132	3	83
210	227	61.43	Nicky	Evans	Poole AC	F	F40	78	16	33
211	462	61.52	Ian	Underwood		M	M60	133	16	84
212	416	62.04	Emma	Shore	Poole Runners	F	F	79	45	
213	414	62.13	Sarah	Shepley	Axe Valley Runners	F	F50	80	16	34
214	131	62.24	Belinda	Bolar	Purbeck Runners	F	F40	81	17	35
215	292	62.43	Jayne	Hodson	Purbeck Runners	F	F40	82	18	36
216	291	62.44	David	Hodson	Purbeck Runners	M	M50	134	32	85
217	306	62.51	Victoria	James		F	F	83	46	
218	318	62.52	Peter	Kemp		M	M40	135	35	86
219	426	63.09	Heidi	Snook	Littledown Harriers	F	F	84	47	

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220	374	63.12	Rosemarie	Osborn	New Forrest Runners	F	F70	85	1	37
221	243	63.26	Marion	Frampton	Poole Runners	F	F50	86	17	38
222	80	63.40	Emma	Wright	Purbeck Runners	F	F50	87	18	39
223	488	63.48	Janet	Whittaker	Poole AC	F	F	88	48	
224	483	63.50	Celia	Whitmarsh		F	F40	89	19	40
225	271	64.02	Josie	Harris	Littledown Harriers	F	F	90	49	
226	434	64.07	Cheryl	Struck	Poole AC	F	F40	91	20	41
227	233	64.09	Eve	Filmer	Poole AC	F	F50	92	19	42
228	378	64.10	Alison	Parish		F	F40	93	21	43
229	448	64.10	Mel	Thompson		F	F	94	50	
230	440	64.11	Ken	Taylor	Tribesman GB	M	M50	136	33	87
231	102	64.13	Angela	Alexander	Poole Runners	F	F50	95	20	44
232	140	64.22	Guy	Burdett	Littledown Harriers	M	M	137	48	
233	133	64.25	Robin	Bowler		M	M50	138	34	88
234	464	64.27	Michael	Upton		M	M	139	49	
235	125	64.28	Sherrill	Batty	Royal Manor of Portland AC	F	F40	96	22	45
236	132	64.32	Catherine	Bonfield	Human Energy	F	F40	97	23	46
237	460	64.34	Amanda	Underwood	Royal Manor of Portland AC	F	F40	98	24	47
238	192	64.38	Emma	Daly	Lytchett Manor Striders	F	F	99	51	
239	297	64.44	Peter	Honeycombe		M	M50	140	35	89
240	327	64.46	Faye	Law	Poole Runners	F	F	100	52	
241	390	64.47	Liz	Price	Lytchett Manor Striders	F	F	101	53	
242	446	64.49	Naomi	Thomas	Lytchett Manor Striders	F	F	102	54	
243	286	64.49	Jo	Hicks		F	F40	103	25	48
244	396	64.53	Karen	Renwick		F	F	104	55	
245	304	64.53	Jacqui	Ives		F	F40	105	26	49
246	404	64.59	Amy	Rolph	Littledown Harriers	F	FJ	106	2	
247	322	65.02	Jane	Knight	Littledown Harriers	F	F50	107	21	50
248	237	65.09	Mike	Firth		M	M	141	50	
249	183	65.09	Hilary	Craig	Poole Runners	F	F40	108	27	51
250	145	65.12	Danielle	Bushnell		F	F	109	56	
251	275	65.25	Veronica	Harvey	Human Energy	F	F50	110	22	52
252	200	65.30	Leesa	Dennis	Badgers	F	F40	111	28	53
253	123	65.32	Graeme	Bassford	North Dorset Tri Club	M	M50	142	36	90
254	137	65.32	Victoria	Brown	Littledown Harriers	F	F	112	57	
255	492	65.33	Anthony	Williams	Purbeck Runners	M	M60	143	17	91
256	473	65.38	Josie	Warr	Dorset Sole Sisters	F	F	113	58	
257	204	65.45	Mike	Dobson		M	M40	144	36	92
258	242	65.51	Joan	Fox	Bournemouth Joggers	F	F60	114	3	54
259	215	65.54	Melanie	Dyke	Purbeck Runners	F	F40	115	29	55
260	288	66.22	William	Hill	Dorset Doddlers	M	M50	145	37	93
261	435	66.26	Martha	Swann	Lonely Goats Running Club	F	F	116	59	
262	218	66.39	Laura	Eckett	Dorset Doddlers	F	F	117	60	
263	114	66.41	Beth	Aubrey		F	F	118	61	
264	393	66.48	Emma	Rawson	Littledown Harriers	F	F50	119	23	56
265	466	66.48	Rachel	Van Loock		F	F	120	62	
266	398	66.49	Mike	Richards		M	M	146	51	
267	468	67.07	Philippa	Walker		F	F50	121	24	57
268	454	67.22	Kate	Towner	Poole Runners	F	F	122	63	
269	108	67.23	Josie	Armstrong	Lytchett Manor Striders	F	F40	123	30	58
270	442	67.23	Rebekah	Taylor		F	F	124	64	
271	187	67.26	Tom	Crowder		M	M	147	52	
272	419	67.27	Rebecca	Sinkinson	Littledown Harriers	F	F	125	65	
273	406	67.31	Dily	Ruffer	Littledown Harriers	F	F60	126	4	59
274	296	67.33	Cheryl	Honeycombe		F	F50	127	25	60
275	349	67.35	Tara	McIntic	Purbeck Runners	F	F40	128	31	61
276	334	67.37	Sharon	Lloyd	Deckchair Dynamos	F	F50	129	26	62
277	153	67.42	Elaine	Chandler		F	F50	130	27	63
278	236	67.45	Kerry	Firth	Run Blandford	F	F	131	66	
279	182	67.46	Lisa	Cracknell	Egdon Heath Harriers	F	F50	132	28	64
280	394	68.02	Ann	Read	Purbeck Runners	F	F50	133	29	65
281	253	68.27	Ray	Graham		M	M50	148	38	94
282	284	68.29	Jason	Hepple	Poole AC	M	M50	149	39	95
283	309	68.33	Jacqueline	Jenkins	Littledown Harriers	F	F70	134	2	66
284	203	68.49	Melanie	Dobson		F	F40	135	32	67
285	202	68.50	Amy	Dobson		F	F	136	67	
286	207	69.00	Catherine	Doughty	Westbourne RC	F	F40	137	33	68
287	258	69.00	Clive	Grewcock	Westbourne RC	M	M60	150	18	96
288	317	69.33	Sheena	Keep	Purbeck Runners	F	F50	138	30	69
289	328	69.34	Laura	Lee	Run Blandford	F	F40	139	34	70
290	451	69.35	Stuart	Tizzard		M	M40	151	37	97
291	388	69.42	Kayley	Pitfield	Maiden Newton Runners	F	F40	140	35	71
292	222	69.46	Danielle	Elsdon		F	F	141	68	
293	194	69.51	Rachel	Davis		F	F	142	69	

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294	381	70.02	Nathan	Parker		M	M40	152	38	98
295	433	70.17	Victoria	Street		F	F	143	70	
296	155	70.42	Zodwa	Chasokela	Purbeck Runners	F	F60	144	5	72
297	476	70.47	James	Watts		M	M	153	53	
298	103	70.58	Trudy	Allen	Purbeck Runners	F	F40	145	36	73
299	156	71.01	Daksha	Chohan		F	F40	146	37	74
300	463	71.04	Kelly	Underwood		F	F	147	71	
301	272	71.19	Christine	Hart Burke	Purbeck Runners	F	F60	148	6	75
302	422	71.23	Lisa	Smith	Lordshill Road Runners	F	F40	149	38	76
303	176	71.29	Fiona	Cope		F	F40	150	39	77
304	171	71.30	Anne	Constable		F	F40	151	40	78
305	109	71.46	Paul	Armstrong	Lytchett Manor Striders	M	M50	154	40	99
306	101	72.01	Grace	Albury		F	F40	152	41	79
307	184	72.29	Eve	Craker		F	F40	153	42	80
308	167	72.32	Peter	Collins	Lytchett Manor Striders	M	M40	155	39	100
309	481	72.37	Eileen	Wentworth		F	F50	154	31	81
310	315	73.02	Nadia	Kalisika	Vegan Runners	F	FJ	155	3	
311	169	73.11	Sarah	Colquhoun	Purbeck Runners	F	F50	156	32	82
312	391	73.13	Jennifer	Pride		F	F60	157	7	83
313	255	73.23	Stephanie	Green	Poole Runners	F	F	158	72	
314	339	73.24	Adam	Luxton		M	M	156	54	
315	314	73.26	Magdalena	Kalisika	Vegan Runners	F	F40	159	43	84
316	487	73.46	Anne	Whittaker	Littledown Harriers	F	F50	160	33	85
317	154	74.08	Michael	Chant	Littledown Harriers	M	M60	157	19	101
318	380	74.22	Natalie	Parker		F	F	161	73	
319	321	74.40	Mike	King	HOV H3	M	M70	158	4	102
320	197	74.53	Denise	Day		F	F50	162	34	86
321	347	74.54	Hazel	Mccabe		F	F	163	74	
322	455	74.56	Jennifer	Tripney		F	F40	164	44	87
323	403	75.03	Sharon	Roff	Lytchett Manor Striders	F	F40	165	45	88
324	332	75.03	Sandra	Litchfield	Lytchett Manor Striders	F	F50	166	35	89
325	372	76.39	Susan	O'Flanagan	Weymouth St Pauls Harriers	F	F50	167	36	90
326	497	76.43	Clare	Woollacott		F	F	168	75	
327	385	77.23	James	Pinnock		M	M40	159	40	103
328	320	77.52	Katie	Kershaw		F	F	169	76	
329	193	77.55	James	Davies	Littledown Harriers	M	M	160	55	
330	335	78.07	John	Lomax	Littledown Harriers	M	M50	161	41	104
331	111	78.29	Rosemary	Ash	Bournemouth Joggers	F	F60	170	8	91
332	499	79.03	Kellie	Wort		F	F	171	77	
333	438	79.03	Nadia	Tawfik		F	F	172	78	
334	326	79.55	Lorraine	Lapham		F	F50	173	37	92
335	331	79.58	Louise	Link	Egdon Heath Harriers	F	F40	174	46	93
336	475	80.00	Demi	Watts	Egdon Heath Harriers	F	FJ	175	4	
337	484	80.25	Denise	Whitmarsh		F	F40	176	47	94
338	346	81.21	Claire	May		F	F50	177	38	95
339	428	81.24	Alison	Sperring	Dorset Police AC	F	F40	178	48	96
340	115	82.45	Jenni	Ayres	Poole Runners	F	F	179	79	
341	249	82.50	Andrea	Goga		F	F40	180	49	97
342	179	83.07	Wendy	Couper	Romsey Road Runners	F	F70	181	3	98
343	190	85.11	Peta	Currell		F	F40	182	50	99